

## TAKE ME HOME, COUNTRY ROADS....





### "THE LT BUSIS COMING

and everyone is jumping..."

260 MILLES PER WEEK

13 sites

**Prince's Trust Awards** 

TOO LEVELLING HOUSE THIS TEAR

BO students

STEM Science

"...THE WHEELS

OF STEEL ARE TURNING...

**Functional Skills** 

90%

Attendance

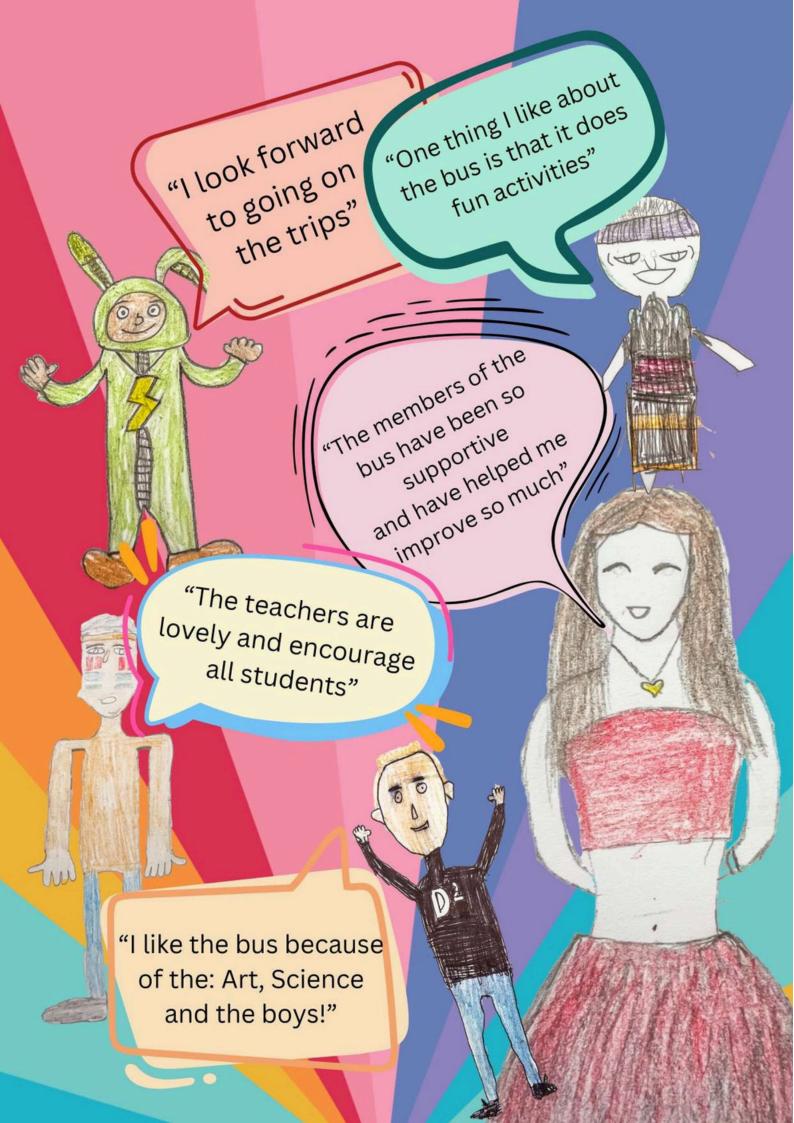














#### HOW LONG-HAVE YOU BEEN COMING ON THE BUS?

Hi my name is Levi and I have been on the bus for about 2 years.

#### HOW HAS THE BUS HELPED YOU?

The bus has helped me in many ways. I find it easier because it is slower paced and there's a lot less distractions. I can talk about my problems and thoughts with the teachers, and I enjoy the more laid back and chill atmosphere.

#### WHAT ARE YOUR ASPIRATIONS?

My aspirations are to be an electrician, travel around the world and live a happy fulfilling life.

#### HOW CAN WE IMPROVE THE BUS?

More scenic views and subjects.

## It's in the D.N.A



In November 2023, a group of 8 students from Spalding visited the EMBL EBI Genome campus near Cambridge. It is one of the world's largest research centres, mapping and analysing DNA.



The day involved a walk around the wetland on site, looking at how the wildlife live and interact with each other.

The young people then had a chance to extract DNA from strawberries!

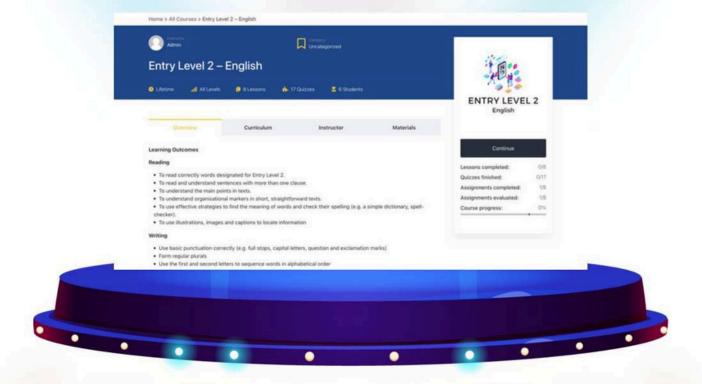
The young people then looked at some organisms to identify their cells using a microscope. They then compared different DNA





We have partnered with Bishop Grosseteste University to create an online learning hub. This platform gives our students access to all their portfolios online, allowing teachers at LTI and trainee teachers at BGU to interact more with students and provide additional learning time.

We're thrilled to share that as our platform continues to grow, we have exciting plans to expand our course offerings! In the near future, we'll be introducing a diverse range of subjects including health, outdoor education, first aid and science. These new courses will open up a world of opportunities for learners to gain qualifications in multiple areas, expanding their skills and knowledge in exciting new ways!





### YOU'VE GOT A FRIEND

#### ADVOCACY

Every working day consists of some kind of advocacy support. This includes supporting families with online universal credit, completing passport forms and driving licence applications, downloading and navigating apps such as the NHS app, reading letters and completing forms and managing utility bills.

While we are supporting people with advocacy, we ensure we build their confidence and support them with knowledge and understanding. This improves motivation and reduces anxiety.

#### ADULT TRAINING

We give everyone the opportunity to access careers advice and guidance. We offer access to training from a wide range of external sources in order to meet the individual needs of our learners.

CV building, job search and interview skills training are also part of the package. We have good networks with other organisations, allowing us to signpost. We encourage people to think about their interests and to make informed decisions about their future work and training needs.





11th December 2023, The Saxilby Well Woman Group had a trip to Sundown Adventure Land. We all had such a magical day and of course we got to see the "big man" Father Christmas and all the children received a gift. It was very exciting! We all had dinner together in the indoor play centre and thoroughly enjoyed exploring the many areas of Sundown; playing on equipment, rides, and interactive walkways. Creating memories together left everyone feeling happy and entertained.

"Thank you for a lovely day, really enjoyed it, you're all amazing. Everyone who attended all said thankyou for a lovely day. All the polite, well behaved wonderful children, loved it."



"Thank you ladies for a lovely day. The kids loved it and so did we."





It is such a pleasure attending the fortnightly Well Woman Group. All the members of the group come from one site. This site has gone through trauma and difficult times, so our focus has been to listen and to support. During the past year they have had access to counsellors as well as visits from the physical health care team. They have begun their functional skills maths and english and have enjoyed participating in creative activities such as crocheting. The group have also taken part in a Water Challenge. This involved drinking at least 2 litres of water everyday.

"The key ingredient of the groups is friendship."

"It gives me something to look forward to and aim towards, I'm hoping the group half and aim towards, I'm hoping the group half me to grow again as these last two and the me to grow again as these last two and the years I feel like time has stood still and that years I feel like time has stood still and that for gof sadness is always with me but for that fog of sadness is always with me but for the years twice a month I let myself breathe again and enjoy it."

"A thriving Facebook group means everyone is constantly in touch and supporting each other. If you've got a problem it's shared and it's dealt with. Mention teeth or eyes and the group are marching you off to the dentist or optician - all in a friendly, caring way! You've always got someone to encourage you and help."

"Our Monday sessions have been so good for anxiety but more so since we lost mam and our pressure to be anything except myself. The field of ments of since with my nerves and some source of the sessions because there is no freedom to discuss issues and emotions. If I'm as I am, good, bad or indifferent. I always come any feeling better than when I went in."

"The effects of the group are spreading into whole families. Everyone is doing steps; kids, partners and joining in."



#### I am the NHS Traveller Community Wellbeing Link Worker.

I work for the NHS to help the Traveller Community stay healthy. My job is to connect you and your family with doctors, services, and support when you need it. I work for the Lincolnshire Partnership NHS Foundation Trust, which provides mental health services and support for people with learning disabilities and autism. I'm part of a team that made the 'How Are You, Lincolnshire?' website to help people find mental health and community support I spend a lot of time with the Lincolnshire Traveller Initiative.

Together, we want to make sure Traveller families get the care they need. I want to build good relationships with you and help you to work with healthcare professionals.

If you see me on Traveller sites, please come and say hello – I love meeting new people!

If you have any questions or need more information, you can email me at <a href="mailto:amy.squire1@nhs.net">amy.squire1@nhs.net</a>
or call me at 0771 607 8958.

## QUEENs

### We are the champions









THE ROLE OF COMMUNITY HEALTH CHAMPION WILL VARY FROM COMMUNITY TO COMMUNITY. CHCS CAN BE EFFECTIVE HEALTH PROMOTERS, CAN HELP IN TACKLING HEALTH INEQUALITIES AND POSITIVE IMPACTS CAN BE SEEN IN THE COMMUNITIES WHERE THERE ARE CHCS.

CHAMPIONS CAN HELP COMMUNITIES TO STOP
SMOKING, LOSE WEIGHT, EAT HEALTHILY,
TAKE UP EXERCISE AND ACHIEVE IMPROVED
MENTAL HEALTH AND WELLBEING.
THEY PROMOTE ANY HEALTH EVENTS OR
TRAINING OFFERED BY LTI OR ASSOCIATED
ORGANISATIONS.

HEALTH CHAMPIONS WILL ABIDE BY LTI'S STRICT
CODE OF CONFIDENTIALITY. THEY WILL NOT
OFFER THEIR OWN MEDICAL ADVICE;
THEY ARE NOT MEDICAL PRACTITIONERS
OR MEDICALLY TRAINED. THEY ARE
PROMOTERS OF PREVENTATIVE HEALTH
PRACTICES AND HEALTHY LIFESTYLES.



### THANK YOU!

#### **TO OUR PARTNERS**

Partnerships are extremely important to LTI. They add massive value to LTI's services by providing practical help and support, expert advice and guidance, increased reputational kudos, volunteers and much more. In turn, LTI tries to give back to partner organisations by providing training and access to Traveller communities in order for them to develop their own partnerships and relationships.

Partnerships are win, win, win, all the way.



#### **PARTNERSHIPS**

Area meeting



BISHOP GROSSETESTE UNIVERSITY



Linc HIGHER

Lincolnshire





Prince's Trust





EMBL-EBI





# MONEY!











2023-2024 FINANCIAL FIGURES

INCOME £154, 828.59

SPENDING EDUCATION-48.2%

ADULT TRAINING-15.1% HEALTH-38.2% ADVOCACY-6.5% information and

to plew full accounts

Please visit

www.gov.uk/goverment/

organisations/charity-

commission